

# 5 Steps to Better Hearing

Have you missed this critical step in getting the most of your new hearing aids? It is the difference between success and failure. Do you know what it is? It might surprise you.

One of the most frustrating things for a new hearing aid wearer is not knowing what is normal and what to be concerned about. If you have tried to learn to use false teeth or bifocals you know that it takes time for your body to adjust to something different.

But you are incredibly adaptable - if you will just give yourself a chance. You see, getting hearing aids is not only about getting a quality device; it is about the people who are working with you through this adjustment process.

It takes a while for your brain and the hearing aid to learn how to work together. The staff at Sandia Hearing Center has developed a process to take you through this critical stage.

When you first wear hearing aids you will hear better immediately but you have to give your brain, and the hearing aid, a chance to figure out what to do with the sound. While you are learning to hear again, there are also things that you need to relearn how to ignore.

My Aunt Lucy, who lives in Colorado Springs, was having a rough time getting adjusted to her new hearing aids. She was so frustrated because she expected to immediately adjust to them. She wasn't doing anything wrong; she just didn't understand the process. Nobody really explained to her what to expect.

Since I couldn't fix the problem from 400 miles away I sent her our book ***The 5 Steps to Better Hearing***, a guide to increased understanding, independence and happiness through the use of hearing aids. What a difference that made for my aunt Lucy!

After reading the book, she understood what she had to do. As Aunt Lucy adapted to the new hearing aids, her hearing consultant was also making

adjustments to make her transition smoother. It is the method we use at Sandia Hearing Aids, and it works.

We have found that *The 5 Steps To Better Hearing* is the critical component that is missing from most dispensers' communication with their patients.

Just remember, the ability to hear again has to be relearned. Think of this process like physical therapy, each day and each week that goes by, you get better. While we can't make your hearing perfect, in most cases we can make it a whole lot better. You can be enjoying life, having fun with your loved ones and be included in life, instead of watching it from the side lines.

We are working with our patients to make this transition easy and pleasant. Thousands of people have gone through the process of improving their hearing and so can you!

Let us help with your hearing problems.

Call today for your complimentary hearing screening!

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